## **PJMS** students are invited to attend a presentation by

## Dr. Mykee Fowlin at Port Jervis High School December 4, 2018

Students will be accompanied by PJMS faculty and staff and busing from PJMS to PJHS will be provided:

<u>Bus students</u> will be dropped off at PJHS from their regular busses at the start of the school day.

<u>Walkers</u> will board buses at PJMS beginning at 7:15am and be dropped off at PJHS for the assembly.

All students will ride the bus back to PJMS at approximately 10:00am

Any questions may be directed to 845 858-3100



Dr. Mykee Fowlin

To varying degrees, we all wear masks. We are conditioned to hide our true selves, out of fear of being rejected and/or judged. We are taught to devalue or ignore our pain, as if its utility is better served hidden than exposed.

But what if this approach is ultimately to our detriment, not our survival? What if our authentic self is all we have, and our pain is the gift that we use to change this world? And imagine, as a foundational premise, we are raised and trained to celebrate differences, as an inclusive process, not just a tolerable one.

In his one-man presentation, 'You Dan't Know Me Until You Know Me', Dr. Mykee Fowlin takes the audience on an experiential journey, having them reexamine core precepts that were taught to us from as early on as 1st grade. He uses many of his gifts – humor, performance art, poetry, storytelling, psychology, theatrical monologues, and his personal journey – to create a moving experience for all who are open to this evolution. He encourages all age groups, from pre-teens to adults alike: "We are capable of transforming the world, for the good, but this work starts from within; it is the process of turning our hurt into self-reflection, healing, and then action. It is our simple, but intentional, behaviors where significant change takes place. The gesture of us smiling, acknowledging the existence of another, is as powerful as any other deed done in the world. Let us be like the oyster, turning our pain into something more valuable, but never forgetting the final piece in this transition. The value of the pearl takes place when someone else receives it, not if the oyster keeps it."