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Access Launches 24/7 Virtual Mental Health & Substance Use Urgent Care

In response to the COVID-19 crisis, Access: Supports for Living Inc. has launched a Virtual Mental Health and Substance Use Urgent Care. Adults and children struggling with anxiety, depression, or any other mental health or substance use concern will have access to this new, virtual resource beginning Monday, March 23rd at noon. Therapists will be available 24/7 by phone and through telemedicine, with access to psychiatry and peer support for any person in the Hudson Valley who needs help.

"Whether people are struggling with anxiety about COVID-19 or working toward recovery from another mental health or substance use concern, it is more important than ever that our community have safe access to quality care the moment they need it – day or night, regardless of insurance or ability to pay," said Ron Colavito, President and CEO of Access.

The Access Virtual Urgent Care is part of Access's Mental Health and Substance Use Urgent Care, which opened May 1, 2019. "Our Mental Health and Substance Use Urgent Care has been used by roughly 3000 people across the Hudson Valley in less than a year," continued Colavito. "More than half of those who have visited are new to Access's services, and nearly two-thirds have sought support for a short-term, bridge prescription to fill a need until they can see their regular provider. This program has successfully kept people out of hospitals and emergency rooms, which need all the capacity they have right now. The launch of the Virtual Urgent Care is another step Access is taking as part of the healthcare community's fight against COVID-19."

The Access Virtual Urgent Care is available by calling [1-888-750-2266](tel:1-888-750-2266), option 2.

Access: Supports for Living was founded in 1963 by a group of families who believed in a bright, positive future for their children with disabilities. Today, Access is a \$100 million non-profit organization mission-driven to help people live the healthiest and fullest lives possible. Access supports more than 10,000 people each year through services to people with intellectual and developmental disabilities, mental health and substance use concerns, and children and families with a range of needs. Access summarizes its worldview in four words: Rewarding Lives, Healthy Communities. For more information, visit the website: www.accesssupports.org or call [1-888-750-2266](tel:1-888-750-2266).