

\*The Character
Trait of the Month
is Tolerance!
Remember to wear
yellow on
Wednesdays!

So, welcome to the final newsletter of the year!

## National Drunk & Drugged Driving Prevention month

This campaign raises awareness about the importance of being sober behind the wheel.

The time between Thanksgiving and New Year's Day is described as one of the deadliest and most dangerous times on the roadways in this country. Never get in a car with someone who is under the influence of any kind and do not make the mistake of getting behind the wheel yourself. It could cost you or someone else their life.



## Life is better with clean hands

National Handwashing Awareness Week is

December 1-7. Be vigilant about handwashing, especially this time of year during cold and flu season. Covid is also still a risk. Wash your hands!



## Resources:

National Suicide Prevention Lifeline 1-800-273-(TALK) 8255 Text 4 Teens: 845-391-1000

**Orange County Crisis Call Center:** 

311 OR 800-832-1200 Crisis Text Line: text "got5" to 741-741 or stop in PJHS Guidance



December is also...

National Human Rights Month

this month, and every month to follow, everyone in the US is encouraged to come together and stand up for equality, justice, and the dignity of all humans!

>> Think TOLERANCE

the Character Trait of the

Month <<

