

Port Jervis High School

10 Route 209 Port Jervis, New York 12771 Main Office Tel 845-858-3100 Ext 1

> Athletic Dept. Ext. 11880 Fax: 845-858-3207

Andrew Marotta
Principal
Heidi Nyland, David Marr
Assistant Principals

Ray Holyk
Athletic Director
rholyk@pjschools.org
Hotline: ext. 11888

October 20, 2020

Dear Parent/Guardian:

The Section IX tentative start dates for 2020-2021 Interscholastic Sports are as follows:

Winter: Varsity & JV Monday, November 30, 2020

Modified Monday, November 30, 2020

Fall: Varsity & JV Monday, March 1, 2021

Modified Monday, March 1, 2021

Spring: Varsity & JV Monday, April 19, 2021

Modified Monday, April 19, 2021

We are currently registering high school students for "Pre-Season Workouts" for JV & Varsity Football, Volleyball and Boys Basketball. Work-outs will begin on Tuesday and Thursday afternoons, starting Tuesday, October 27th. Parents need to register their child on Family ID and students need to be cleared by our school nurse in order to participate.

A parent/guardian can register by completing the following steps:

- 1. To register your child, you will need to select the appropriate Port Jervis High School JV/Varsity Pre-Season Workouts registration.
- 2. Next, click on the green Register Now button. If this is your first time using Family ID, click Create Account. Click Log In, if you already have a Family ID account.
- Create your secure Family ID account by entering the account owner first and last names (parent/guardian), E-mail address and password. Select I Agree to the Family ID Terms of Service. Click Create Account.

- 4. You will receive an email with a link to activate your new account (If you do not see the email, check your email filters, spam, junk, etc.).
- 5. Click on the link in your activation email, which will log you in to the Family ID.com.
- 6. Once in the Registration Form, complete the information requested. All fields with a red*, are required to have an answer.
- 7. Click the Save & Continue button when your form is complete.
- 8. Review your registration summary and submit.

PHYSICAL EXAMS:

Students must also have a current health examination form on file prior to the start of the workouts. Please note that the requirements for a valid physical examination have changed due to the COVID-19 Pandemic. Students will now be permitted to participate in the pre-season workouts if they have previously had a health examination for school attendance in the 2018-2019 or 2019-2020 school year. An additional copy of this physical will not be needed if it is already on file with the nurse's office. Students that have not had a health examination in accordance with these requirements, must still obtain a health examination prior to participation in the pre-season workouts. In addition to having the health examination form, parents need to complete the interval health history form during the registration process on Family ID. This interval health history must be completed within 30 days of the start of the workouts.

Once students have been registered on Family ID and have been cleared to play by the school nurse, the Coaches will schedule them for workouts.

Within the next two weeks, we will be opening registrations on Family ID for Winter Sports – Varsity, JV and Modified. Winter Sports are currently scheduled to begin on Monday, November 30th:

Boys Basketball
Girls Basketball
Basketball Cheerleading
Indoor Track
Wrestling