



DEVELOPING HEALTHY SELF ESTEEM IN CHILDREN

by

MaryAnn Brittingham

Your child's inner picture is the frame work that determines how he treats himself and others.

How does your child see himself?

This seminar will help you become aware of the subtle and not so subtle ways adults can influence a child's self esteem.

Topics Discussed:

- Respecting and accepting yourself and others
- What is self-esteem and why is it important?
- How is self-esteem developed?
- The effects of joking and labeling
- Is praise a good thing?
- Teaching/giving children responsibility

DATE: February 17, 2010

Snow Date: 2/24/10

TIME: 6:30 p.m.

LOCATION: Anna S. Kuhl Elementary School Library

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